

SIGN UP for Health Insurance

Having health insurance—or a healthcare plan—is important! It helps cover your medical costs, so you can afford care when you need it. In this step-by-step guide, we'll teach you how to sign up for health insurance and use the benefits.

Step 1: Purchase a healthcare plan. Most companies offer health insurance for their employees, so first check with your work. You can also visit [Washington Health Plan Finder](#) to find and compare plans.

Step 2: Find a primary care doctor. Call local doctor's offices and see if they take your health insurance and are taking new patients or if you can get on a waitlist. Once you find one, schedule your first appointment right away. This will make you a patient at their office and will make your next visit easier.

Step 3: Use your health insurance for medical care at your doctor's office. Health insurance usually helps cover services like yearly shots for COVID-19 and the flu, and health screenings for type 2 diabetes, cancers, and high blood pressure.

Local Navigators

Need help? You're not alone! A local, bilingual navigator can guide you through the process. They will help you find a healthcare plan, assign you a primary care doctor, and answer any questions you may have. See the list below to find a navigator near you.

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Yakima Valley Farmworkers Clinic

2205 W Lincoln Ave, Yakima, WA 98902

509-575-1234

314 S 11th Ave, Yakima, WA 98902

509-902-8585

5109 Summitview Ave, Yakima, WA 98908

509-907-6300

1720 Presson Place, Yakima, WA 98903

509-452-8893

1000 Wallace Way, Grandview, WA 98930

509-882-3444

604 West First Ave, Toppenish, WA 98948

509-865-6930

Comprehensive Healthcare

402 S 4th Ave, Yakima, WA 98902

509-576-4319

Yakima Neighborhood Health Services

610 East Yakima Ave, Yakima, WA 98901

509-853-2377

MultiCare Yakima Memorial Hospital

15 W Yakima Ave, Yakima, WA 98901

509-853-2377

Community Health of Central Washington

501 S 5th Ave, Yakima, WA 98902

509-574-6137

510 East Mt. View Ave, Ellensburg, WA 98926

509-962-1401

Kittitas County Public Health Department

507 N Nanum Street, Ellensburg, WA 98926

509-962-7515

Astria Sunnyside Hospital

1016 Tacoma Ave, Sunnyside, WA 98944

509-900-7283

Unidos Nueva Alianza Foundation

204 12th Ave SW Ephrata, WA 98823

PO Box 1272, Ephrata, WA 98823

Columbia Basin Health Association

1515 Columbia Street, Othello, WA 99344

140 E Main Street, Othello, WA 99344

509-488-5256

601 Government Road, Mattawa, WA 99349

509-932-2525

Samaritan Healthcare

801 E Wheeler Road, Moses Lake, WA 98837

509-793-9715

Renew

840 E Plum Street, Moses Lake, WA 98937

509-765-9239

Confluence Health

840 E Hill Ave, Moses Lake, WA 98937

509-453-4072

Moses Lake Community Health Center

1450 1st Ave SW, Quincy, WA 98848

509-787-6423

Quincy Valley Medical Center

908 10th Ave SW, Quincy, WA 98848

509-787-3531

Can't find a navigator near you? **Call 2-1-1 for help!**